



27 WAYS TO CONNECT AS A FAMILY

- Have a family movie night and pizza night.
- Create a new family recipe.
- Design a Family Flag.
- Come up with a new family motto.
- Start a new tradition---the crazier, the better!
- Play Board Games.
- Build a fort and watch home videos.
- Make a family photo album or scrapbook or picture video.
- Make up a family rap, poem, song, or rhyme. Bonus points for coming up with hand gestures. Extra bonus points for performing it! Extra extra bonus points for posting it on Social Media!
- Have a "Taste the Rainbow Night"---where you buy fruits and vegetables of every different color of the rainbow and try them together (healthy food = healthy bodies)
- Pretend to travel to another country---make food, listen to music, learn some new words, and imagine you are there!
- Have a dance party and each make requests of your favorite dance songs.
- Put on a family concert (with actual instruments or with pots and pans and other household items).
- Make up a skit and perform it.
- Take donations to your local food pantry.
- Have a Nerf Gun fight (Please wear your safety goggles)
- Go on a Weird Nature Walk where you try to find weird things.
- Have a family devotional time.
- Design a family t-shirt. Come up with a team name, logo, and motto. Bonus points--order shirts for the whole family!
- Get a head start on yard work or plant a garden - start with seeds in a cup.
- Take turns letting each family member be the "teacher" where everyone gets to teach something they enjoy doing.
- Do a "Show and Tell" time where everyone gets a few minutes to share their favorite item in the house.
- Make a list of how your family can make the world a better place.
- Start a "Wall of Gratitude" where you write down everything that you are grateful for.
- Have a pillow fight. (Have safety rules in place---no heads or necks).
- Come up with a secret family handshake.
- Do a big "I love you" family hug every day.